



Your Full Name:.....

1st Line of Address:.....

POSTCODE:

Date of Birth:.....

Home Phone:.....

Mobile:.....

We may use your mobile number to text message or reminders about appointments

Exercise

How often do you exercise?

No exercise

Once or twice a week

Three or more times a week

Your height:.....

Your weight:

Smoking

Do you currently or have you ever smoked? Please tick below

- Never Smoked
- Passive Smoker
- Ex- Smoker
- Current Smoker

If you are a current smoker how many per day

If you would like help to quit smoking please ask at reception for an appointment with one of our trained support to stop smoking advisors.

Alcohol:

How many units of alcohol on average due you drink each week? (1 Unit = ½ pt Beer or 1 glass wine or 1 spirit measure)

Units per week

Are you a Carer?

When we use the word carer what we mean is anyone who has extra responsibilities because they are looking after or helping to look after someone who has a disability, illness difficulty (such as an addiction) or someone who is elderly and frail. If **yes** please tick the box below.

Yes

Ethnic Group

What is your ethnic group? Choose ONE section form A to E, and then tick the appropriate box to indicate your cultural background

A White

- British
- Irish
- Any other White background (please write in)
-

B MIXED

- White & Black Caribbean
- White & Black African
- White & Asian or any other
- Mixed back ground please write in
-

C Asian or Asian British

- Indian
- Pakistani
- Bangladeshi
- Any other Asian background please write in

D Black or Black British Tick options of

- Caribbean
- African
- Any other Black background (please write in)
-

E Chinese or other ethnic group Tick box options of:

- Chinese
- Any other (please write in)
-

*****Voluntary Question**

What is your religion?

- None
- Christian
- Buddhist
- Hindu
- Jewish
- Muslim
- Sikh
- Any other religion, please write in

Any other information you would think we should have (please write below)

Thank you for taking the time and trouble to complete all the information you have given us today will be treated in the strictest confidence

